

Cardinal Pacelli
August and Sept 2017

Hot/ Cold Meal: \$3.25 (entrée, two sides); Extra Entrée \$1.75 , Side Items: \$1.00; Beverage: \$.75

Monday	Tuesday	Wednesday	Thursday	Friday
Aug 28	Aug 29	Aug 30	Aug 31	Sept 1
<u>chicken burrito</u> rice, chicken & cheese black beans choice of fruit	<u>grilled cheese & bacon</u> broccoli bites choice of Fruit	<u>whole grain chicken fingers</u> mashed potatoes choice of fruit	<u>Cheese Coney-choice of chili and shredded cheese</u> corn-off-the-cob choice of fruit	<u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit
4	5	6	7	8
No School Labor Day	<u>egg & cheese breakfast burrito</u> tortilla chips w/ salsa choice of fruit	<u>whole grain chicken bites</u> mashed potatoes choice of fruit	<u>Spaghetti & meatballs</u> choice of meatballs & sauce garlic bread choice of fruit	<u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit
11	12	13	14	15
<u>beef taco with cheese & sour cream</u> fiesta corn choice of fruit	<u>scrambled eggs</u> whole grain mini pancake choice of fruit	<u>hamburger/cheeseburger</u> green beans choice of fruit	<u>turkey corndogs</u> tater tots choice of fruit	<u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit
18	19	20	21	22
<u>cheese & chicken quesadilla w/ salsa & sour cream</u> black beans choice of fruit	<u>whole grain waffles</u> sliced bacon hash brown potatoes choice of fruit	<u>Whole grain chicken & cheese sandwich</u> *cheese optional broccoli choice of fruit	<u>Cincy Chili Spaghetti</u> peas & carrots choice of fruit	<u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit
25	26	27	28	29
<u>beef taco dip w/ salsa & sour cream</u> bag of tortilla chips choice of fruit	<u>turkey sausage links</u> whole grain French toast sticks choice of fruit	<u>whole grain chicken fingers</u> mashed potatoes choice of fruit	<u>macaroni and cheese</u> green beans choice of fruit	<u>slice of pizza or two cheesy bread sticks</u> carrots & ranch choice of fruit

USDA Daily Requirements K thru 8: protein 1.5 oz., fruits 4oz., vegetables 6oz., whole grains 1 serving

Everyday Entrees			
cheese sandwich	turkey wrap	peanut butter & jelly sandwich	yogurt parfait
chili	soup of the day	bagel with cream cheese	assorted whole grain cereal with milk
Side Items			
Sun Chips ©	pretzels	cheese popcorn	tortilla chips w/ tomato salsa
side salad w/ dressing	banana	whole fresh fruit	applesauce
pineapple cubes	Mandarin oranges	GoGurt Sticks ©	